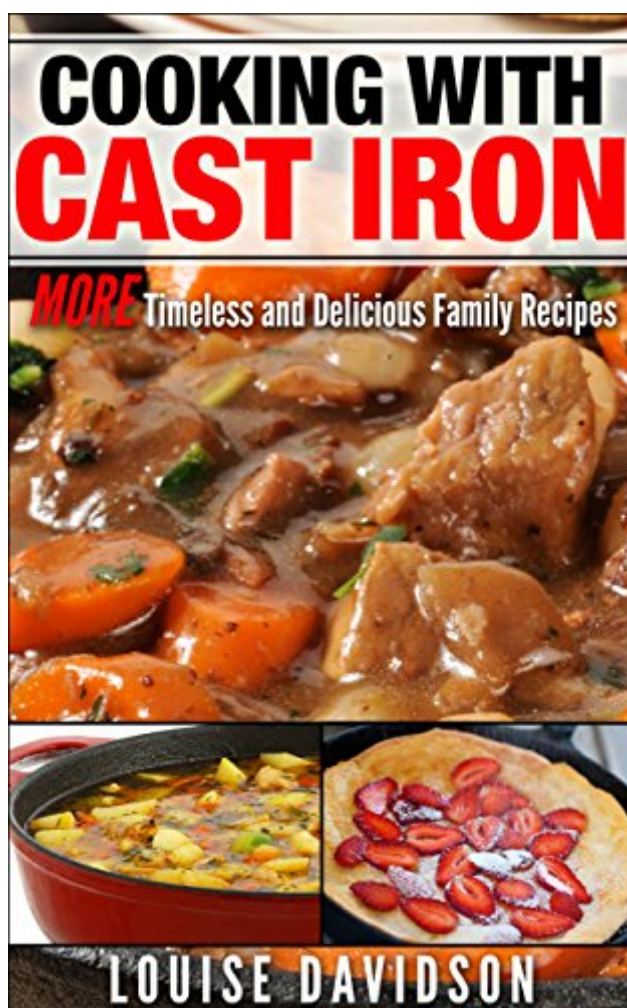


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# Cooking With Cast Iron: More Timeless And Delicious Family Recipes



## Synopsis

Cooking with cast iron is a timeless and delicious family tradition! Download FREE with Kindle Unlimited! Everything tastes better when it is cooked with cast iron! We all remember when our mothers or grandmothers used to make those memorable meals using those big, heavy, black skillets and saucepans. We can still imagine and almost taste those perfectly spiced dishes. Well, cast iron cookware is still around! They are so durable that they are almost always passed down from one generation to the other, as are the recipes they used. This cookbook holds not only amazing timeless recipes, but also instructions on how to cook with cast iron cookware. You can use them on the stove top, on the grill, and of course, in the oven. You can even bring it along for your next camping trip and make some delicious corn bread, breakfast skillets, hamburgers, and so much more! Cast iron skillets and saucepans are the most versatile tools in your kitchen. You can cook any food you can think of in it. And it will taste like nothing else, a real taste of home-cooked meal. Inside this book, you will find:

- Timeless use of cast iron cooking
- How to season a new cast iron cookware
- The health benefits of using cast iron cookware
- The maintenance of cast iron cookware
- The versatility of using cast iron and cooking techniques

You will also find unique recipes to cook with your cast iron skillets and saucepans or Dutch oven. They include:

- Mouth-watering chicken recipes like the Crispy Coconut Chicken Tenders with dipping sauces
- Irresistible beef dishes like the Simply Delicious Beef Chili
- Delicious pork and lamb entrees like the Cherry-Glazed Pork Chops and Green Beans
- Light and easy to prepare seafood dishes like the pineapple shrimp stir fry
- Delightful vegetarian recipes like our family secret recipe Ooey-Gooey Mac & Cheese
- Heart-warming homemade soups like the Ham and Double cheese Soup

And yes, more desserts to satisfy your sweet tooth with recipes like the Raspberry White Chocolate Dump Cake

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## Book Information

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## Customer Reviews

Recently I went from steel cookware to cast iron cookware. And I have found this cookbook over helpful. It was super flavorful recipes that are so easy to prepare. Also in this book are instructions on how to season the cookware. I bought new Lodge cookware, they stated pre seasoned... They are kind of pre seasoned but not like my Mother's was. So I did this pre seasoning twice as it worked. The recipes in this book are wonderful. My favorites are: Spaghetti and Meatballs and the Mexicans Tacos. In addition, the chili recipe tastes great and so easy. Highly recommended.

My grandmother cooked with cast iron, and her food was always delicious. However, there is a certain knack required when using cast iron, and before I got this book that knack completely eluded me! Thanks so much for this cookbook.

I love my iron skillet so I was excited to check this book out. There is so many recipes that I did not know that you could make in a cast iron skillet. Cannot wait to try the Mac and cheese recipe!

"I was provided with a complimentary copy of this book so I could give an honest review." I am usually a picky person about recipes from a cookbook. Any more they are the up and coming recipes, using ingredients I have never seen or heard of. But not this book, it. Is full of down home cooking recipes, many of which I can't wait to try. They are easy step by step instructions and best of all I know what the ingredients are. A must have if you are interested in the care and use of your

cast iron cooking utensils.

I have never read a recipe based on cast iron cookware. But, cast iron is found at home from my childhood and my mother prepare most of items with that old cast iron cookware. It seems to be very easy to cook with cast iron and it takes only very little time. I can never forget garlic chicken and delicious moffy beef prepared in cast iron. Now I want to taste it again. This book contains delicious recipes with traditional tips.

Very useful

Good recipes

Become An Iron Chef! Cast Iron has been the secrets of master chefs for several thousand years. The cast iron cooking in China dates back as far as 5th century BC. This neat cookbook cover not only covers cooking with the skillet but iron sauce pots and dutch ovens as well. Chef Davidson reveals the secret to seasoning and maintaining the iron pot for maximum taste and cooking results. Did you know you only use soap one time in the entire life of your iron pot? Do you know what to do if your cast iron pan rusts? Cast Iron cooking is unique as the equal heat distribution and retention require a different time and heat to prepare a delicious meal. Cooking with Cast Iron has a fantastic menu of recipes to fit every occasion. Honey Garlic Chicken Thighs with Broccoli Slaw, Kung Pao Chicken, Orange Ginger Beef on Egg Noodle Bed and Lamb Kabobs with a Shepherd's Salad caught my eye. You have Pork, Sea Food, Vegetarian dishes and eight incredible soups like Bacon Potato Winter Soup. So Good! Recommended!

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